

Step-Up! 4th Annual 5k/3k Run-Walk

Race Date
May 27, 2023

Overall Finish List

3k Walk

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Ellen Kolb	Merrimack NH	318	63	F	1: 1-99	31:02.8	16:42/M
2	Unknown Partic. 985		985		M	1: 0-0	33:07.8	17:49/M
3	Elizabeth Bradshaw	Brookline NH	307	58	F	2: 1-99	35:49.6	19:16/M
4	Patrick Bradshaw	Brookline NH	308	60	M	1: 1-99	35:49.9	19:16/M
5	Stephanie Hartson	Hudson NH	320	42	F	3: 1-99	36:15.0	19:29/M
6	Ella Hartson	Hudson NH	321	16	F	4: 1-99	36:15.5	19:30/M
7	Jillian Schucart	Merrimack NH	338	31	F	5: 1-99	36:18.0	19:31/M
8	Dan Abbis	Nashua NH	990	49	M	2: 1-99	36:18.1	19:31/M
9	Kelsey Binnie	Manchester NH	343	33	F	6: 1-99	36:18.3	19:31/M
10	Nevzat Guler	Nashua NH	314	47	M	3: 1-99	37:21.3	20:05/M
11	Ivy Phipps	Hollis NH	303	6	F	7: 1-99	38:27.1	20:40/M
12	Jenny Lasalle	Hollis NH	302	41	F	8: 1-99	38:27.4	20:41/M
13	Nicole French	Derry NH	341	39	F	9: 1-99	39:00.0	20:58/M
14	Andrew Hyde	Nashua NH	344	42	M	4: 1-99	39:00.4	20:58/M
15	Tina Brown	Milford NH	319	48	F	10: 1-99	39:15.7	21:07/M
16	James Harris	Concord NH	315	46	M	5: 1-99	39:50.4	21:25/M
17	Liam Harris	Concord NH	317	10	M	6: 1-99	39:50.7	21:25/M
18	Liam Phillips	Nashua NH	310	13	M	7: 1-99	40:48.6	21:56/M
19	Matthew Conley	Derry NH	333	14	M	8: 1-99	40:48.7	21:57/M
20	Diane Harris	Manchester NH	304	71	F	11: 1-99	40:53.9	21:59/M
21	Chantal Lambert-Harris	Concord NH	316	47	F	12: 1-99	40:54.6	22:00/M
22	Sean Conley	Derry NH	330	52	M	9: 1-99	41:04.3	22:05/M
23	Jennifer Conley	Derry NH	331	51	F	13: 1-99	41:04.4	22:05/M
24	Crista Phillips	Nashua NH	309	55	F	14: 1-99	41:04.7	22:05/M
25	Amanda Conley	Derry NH	332	16	F	15: 1-99	41:05.8	22:06/M
26	Zeynep Guler	Nashua NH	313	46	F	16: 1-99	42:45.7	22:59/M
27	Leah Schucart	Merrimack NH	339	11	F	17: 1-99	43:42.2	23:30/M
28	Audrey Fletcher	Manchester NH	340	56	F	18: 1-99	46:42.3	25:07/M
29	Amy Twombly	Northwood NH	342	51	F	19: 1-99	46:42.7	25:07/M
30	Lilly Esparza	Auburn NH	324	52	F	20: 1-99	52:58.2	28:29/M
31	Esteban Oriol	Auburn NH	326		M	2: 0-0	53:00.5	28:30/M
32	Lisa MacPhee	Auburn NH	327		F	1: 0-0	53:01.2	28:30/M
33	Mahoney Joan	Nashua NH	987	69	F	21: 1-99	53:11.8	28:36/M
34	Derek Pollitt	Nashua NH	306		M	3: 0-0	53:13.0	28:37/M
35	John Short	Nashua NH	986	68	M	10: 1-99	53:13.3	28:37/M
36	Sabina Hureyrovic	Pembroke NH	991	36	F	22: 1-99	58:57.5	31:42/M
37	Sandra Silva	Nashua NH	335	59	F	23: 1-99	1:03:01.2	33:53/M
38	Allison Silva	Nashua NH	336	24	F	24: 1-99	1:03:01.6	33:53/M
39	Jeni Neveu	Manchester NH	312	59	F	25: 1-99	1:07:05.9	36:04/M

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<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gen</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Evan Jean	Nashua NH	918	13	M	1: 1-99	20:04.6	6:29/M
2	Adam Griebel	Merrimack NH	921	13	M	2: 1-99	20:59.7	6:46/M
3	Michael DiMauro	Lawrence MA	349	55	M	3: 1-99	21:17.9	6:52/M
4	Jon Mathieu	Keene NH	983	66	M	4: 1-99	21:36.9	6:58/M
5	Jonathon Bell	HUDSON NH	984	27	M	5: 1-99	23:38.0	7:37/M
6	Frederick Welsch	Belmont NH	916	34	M	6: 1-99	24:08.2	7:47/M
7	William Rios	Groton MA	917	33	M	7: 1-99	24:36.9	7:56/M
8	Derek Griebel	Merrimack NH	922	17	M	8: 1-99	24:36.9	7:56/M
9	James Little	Derry NH	948	38	M	9: 1-99	24:52.9	8:02/M
10	Peter Kornik	Merrimack NH	923	54	M	10: 1-99	25:31.5	8:14/M
11	Jane Rogers	Westford MA	347	58	F	1: 1-99	25:46.3	8:19/M
12	Jay Wellington	Londonderry NH	907	55	M	11: 1-99	26:06.6	8:25/M
13	David Audet	Concord NH	943	58	M	12: 1-99	26:15.6	8:28/M
14	Scott Silva	Nashua NH	942	56	M	13: 1-99	27:32.6	8:53/M
15	Jessica Jean	Nashua NH	919	43	F	2: 1-99	28:32.8	9:13/M
16	Brittany Delahaye	Bedford NH	904	32	F	3: 1-99	28:59.6	9:21/M
17	Charles Logan	Nashua NH	901	31	M	14: 1-99	29:00.4	9:21/M
18	Jeff Denaro	Auburn NH	936	52	M	15: 1-99	29:52.9	9:38/M
19	Chip Craven	Strafford NH	933		M	1: 0- 0	30:02.3	9:41/M
20	Cathy Craven	Strafford NH	932	59	F	4: 1-99	30:02.4	9:41/M
21	Jeff Ball	Hudson NH	925	52	M	16: 1-99	30:57.7	9:59/M
22	Reggie Santana	Hudson NH	930	34	M	17: 1-99	31:01.9	10:01/M
23	Joseph McMullen	Nashua NH	914	69	M	18: 1-99	31:10.0	10:03/M
24	Brian Crawford	Nashua NH	920	64	M	19: 1-99	31:14.1	10:05/M
25	Andrew Gordon	Merrimack NH	938		M	2: 0- 0	32:37.6	10:31/M
26	Maria Minkarah	Nashua NH	908	31	F	5: 1-99	34:48.7	11:14/M
27	Steven Baranow	Nashua NH	905	61	M	20: 1-99	36:21.9	11:44/M
28	Sabrina Lyesiuk	Merrimack NH	941		F	1: 0- 0	36:31.2	11:47/M
29	Blair Hebert	Bellingham MA	903	34	F	6: 1-99	36:35.6	11:48/M
30	Peter Minkarah	Nashua NH	909	36	M	21: 1-99	36:36.4	11:49/M
31	John Brown	Nashua NH	911	72	M	22: 1-99	37:34.1	12:07/M
32	Colleen Connolly	Pittsfield NH	944	62	F	7: 1-99	39:09.2	12:38/M
33	Stan Vassallo	North Andover MA	906	73	M	23: 1-99	40:43.2	13:08/M
34	Hezekiah Duncan	Ansonia CT	348	28	M	24: 1-99	41:02.0	13:14/M
35	Tyna Ashford	Merrimack NH	937		F	2: 0- 0	41:10.8	13:17/M
36	Bridget Costello	Merrimack NH	939		F	3: 0- 0	41:11.2	13:17/M
37	Cathy Kingery	Merrimack NH	940		F	4: 0- 0	41:12.4	13:18/M
38	Charles Mo	Nashua NH	928	72	M	25: 1-99	42:16.4	13:38/M
39	Elida Gagne	Merrimack NH	949	36	F	8: 1-99	43:53.6	14:10/M
40	Matt Gagne	Merrimack NH	950	47	M	26: 1-99	43:53.8	14:10/M
41	Chase Gagne	Merrimack NH	982	6	M	27: 1-99	44:17.3	14:17/M
42	Shay Sweeney	Milford NH	931	29	F	9: 1-99	46:40.1	15:03/M
43	Denise Robbins	Salem NH	912	56	F	10: 1-99	47:45.2	15:24/M
44	Lisa Jackson	Hudson NH	913	58	F	11: 1-99	47:51.6	15:26/M
45	Sharuista Choudhury	Nashua NH	988	0	F	5: 0- 0	52:45.1	17:01/M
46	Monika Marwaha	Nashua NH	989	47	F	12: 1-99	52:45.7	17:01/M
47	Gilbert Oriol	Marlborough NH	934	40	M	28: 1-99	52:59.3	17:06/M

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48	Andre Oriol	Auburn NH	346	45	M	29: 1-99	53:00.0	17:06/M
49	Sean MacPhee	Marlborough NH	935	41	M	30: 1-99	53:01.2	17:06/M
50	Andre Keenan	Nashua NH	926	31	F	13: 1-99	55:54.8	18:02/M
51	Sandra Bradford	Sandown NH	350	54	F	14: 1-99	55:55.8	18:03/M
52	Stephanie Norton	Hudson NH	927	38	F	15: 1-99	56:27.6	18:13/M
53	Tim Wiegand	Merrimack NH	947	57	M	31: 1-99	57:43.5	18:37/M
54	Brittany Bogart	Nashua NH	945	34	F	16: 1-99	58:57.0	19:01/M