

Race Date
October 12, 2019

the Ability 5k
Overall Finish List

<u>Overall</u>	<u>Name</u>	<u>City</u>	<u>Bib No</u>	<u>Age</u>	<u>Gend</u>	<u>AG Place</u>	<u>Time</u>	<u>Pace</u>
1	Jeffrey Hargreaves	Merrimack NH	15	53	M	1: 1-99	20:24.2	6:35/M
2	Nathan McShinsky	Concord NH	96	30	M	2: 1-99	20:41.1	6:40/M
3	Guilford MacK Iii	Milford NH	23	38	M	3: 1-99	21:32.3	6:57/M
4	Jim Hargreaves	Amherst NH	60	52	M	4: 1-99	22:51.5	7:22/M
5	Brandon Hargreaves	Merrimack NH	17	24	M	5: 1-99	23:02.3	7:26/M
6	Brendan Curran	Manchester NH	36	29	M	6: 1-99	24:18.3	7:50/M
7	Karin Biskovich	Amherst NH	100	45	F	1: 1-99	24:18.9	7:51/M
8	Glenn Moir	Milford NH	65	47	M	7: 1-99	25:51.4	8:20/M
9	Evan Purcell	Manchester NH	35	37	M	8: 1-99	26:23.1	8:31/M
10	Deborah Lussier	Hollis NH	51	54	F	2: 1-99	26:38.4	8:36/M
11	Nicole Crouch	Milford NH	72	33	F	3: 1-99	26:48.8	8:39/M
12	Brooke Palladino	Milford NH	86	38	F	4: 1-99	27:14.0	8:47/M
13	Christopher Butcher	Nashua NH	26	33	M	9: 1-99	27:14.2	8:47/M
14	Alex Karpawick	Amherst NH	89	16	M	10: 1-99	27:18.5	8:49/M
15	Bruce Jackson	Milford NH	85	35	M	11: 1-99	27:21.3	8:49/M
16	Sam Jackson	Milford NH	83	31	M	12: 1-99	28:02.2	9:03/M
17	John Saunders	Amherst NH	47	55	M	13: 1-99	28:05.0	9:04/M
18	David Sturm	Mont Vernon NH	49	60	M	14: 1-99	28:22.2	9:09/M
19	Allison Bernier	milford NH	97	39	F	5: 1-99	28:35.1	9:13/M
20	Bob Young	Amherst NH	52	57	M	15: 1-99	29:10.7	9:25/M
21	Corinne Pociask	Milford NH	46	30	F	6: 1-99	29:21.1	9:28/M
22	Cheryl Balusek	Wilton NH	12	42	F	7: 1-99	29:24.1	9:29/M
23	Bridget Monteiro	Milford NH	29	30	F	8: 1-99	29:55.5	9:39/M
24	Alex Jones	Hudson NH	24	28	M	16: 1-99	29:55.6	9:39/M
25	Jenn Duggan	Merrimack NH	25	26	F	9: 1-99	29:55.6	9:39/M
26	Alexandra Mains	Nashua NH	28	29	F	10: 1-99	29:56.2	9:39/M
27	Marie Broadway	Nashua NH	38	33	F	11: 1-99	29:56.8	9:40/M
28	Toray Monteiro	Milford NH	30	38	M	17: 1-99	29:56.9	9:40/M
29	Jennifer Hill	Milford NH	70	32	F	12: 1-99	29:58.5	9:40/M
30	Deborrah Hall	Manchester NH	14	39	F	13: 1-99	30:11.5	9:44/M
31	Skip Hayden	Amherst NH	45	75	M	18: 1-99	30:52.7	9:58/M
32	Heidi Vargas	Milford NH	74	25	F	14: 1-99	31:31.5	10:10/M
33	Lisa Hargreaves	Merrimack NH	16	52	F	15: 1-99	32:38.8	10:32/M
34	Chris Masucci	Milford NH	22	57	M	19: 1-99	32:45.7	10:34/M
35	Linda Doyle	Milford NH	61	59	F	16: 1-99	33:40.9	10:52/M
36	Gerson Peltz	Windham NH	55	59	M	20: 1-99	33:59.4	10:58/M
37	Aaron Kullgren	Greenfield NH	77	50	M	21: 1-99	34:08.7	11:01/M
38	William Peters	Manchester NH	44	56	M	22: 1-99	34:11.5	11:02/M
39	Rose Jalbert	Merrimack NH	87	44	F	17: 1-99	34:17.6	11:04/M
40	Brendan Jalbert	Merrimack NH	88	44	M	23: 1-99	34:21.0	11:05/M
41	Sean Hebert	Milford NH	66	48	M	24: 1-99	34:23.0	11:05/M
42	Janet Wallace	Thetford Center VT	5	53	F	18: 1-99	35:38.6	11:30/M
43	Alexandra Fiske	Milford NH	67	26	F	19: 1-99	35:50.1	11:34/M
44	Deborah Mitchell	Milford NH	64	53	F	20: 1-99	36:12.0	11:41/M
45	Sara Gaj	Milford NH	63	39	F	21: 1-99	36:13.1	11:41/M
46	Kendra Jackson	Milford NH	76	45	F	22: 1-99	37:03.5	11:57/M
47	Kelly Richey	Amherst NH	43	52	F	23: 1-99	37:34.1	12:07/M

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48	Rosane Peltz	Windham NH	56	57	F	24: 1-99	38:05.2	12:17/M
49	Betsy Solon	Brookline NH	11	59	F	25: 1-99	38:07.6	12:18/M
50	Ryan Bloodworth	Milford NH	71	33	M	25: 1-99	38:27.4	12:24/M
51	Courtney Palladino	Milford NH	13	31	F	26: 1-99	38:50.3	12:32/M
52	Alistair Wattam	Nashua NH	42	46	M	26: 1-99	39:34.8	12:46/M
53	Emma Kuras	Dublin NH	32	28	F	27: 1-99	39:52.4	12:52/M
54	Kayley Peters	Francestown NH	33	28	F	28: 1-99	39:52.5	12:52/M
55	Joe Wellington	Manchester NH	50	55	M	27: 1-99	40:57.6	13:13/M
56	Ethan Howard	Mont Vernon NH	62	48	M	28: 1-99	43:14.3	13:57/M
57	Josiah Parison	NashuaNH	90	24	M	29: 1-99	43:36.0	14:04/M
58	Scott Hammond	Milford NH	18	56	M	30: 1-99	45:13.1	14:35/M
59	Aaron Landry	Milford NH	19	4	M	31: 1-99	45:13.4	14:35/M
60	Megan Elwell	Merrimack NH	57	18	F	29: 1-99	46:02.8	14:51/M
61	Susanna Lennox	Amherst NH	37	49	F	30: 1-99	52:49.9	17:03/M
62	Marisa Hammond	Milford NH	20	26	F	31: 1-99	52:50.3	17:03/M
63	Jason French	Hudson NH	10	26	M	32: 1-99	53:04.2	17:07/M
64	Emily Vadeboncour	Raymond NH	91	22	F	32: 1-99	53:22.1	17:13/M
65	Grant Bureau	Merrimack NH	4	47	M	33: 1-99	53:33.8	17:17/M
66	Jill Bureau	Merrimack NH	3	75	F	33: 1-99	53:37.2	17:18/M
67	Jackie Pastrana	Manchester NH	54	55	F	34: 1-99	55:17.4	17:50/M
68	Jennifer Young	Amherst NH	53	55	F	35: 1-99	55:17.6	17:50/M
69	Anna Goulet Zimmerman	Amherst NH	59	49	F	36: 1-99	55:28.9	17:54/M
70	Tracie Adams	Amherst NH	9	55	F	37: 1-99	55:29.3	17:54/M
71	Jason Kullgren	Greenfield NH	79	23	M	34: 1-99	55:58.0	18:03/M
72	Krista Kullgren	Greenfield NH	78	50	F	38: 1-99	56:01.4	18:04/M
73	Anna Rego	Amherst NH	98	56	F	39: 1-99	56:20.5	18:10/M
74	Susanna Hargreaves	Amherst NH	92	48	F	40: 1-99	56:20.7	18:11/M
75	Mike Rego	Amherst NH	99	55	M	35: 1-99	56:21.5	18:11/M
76	Camille Hargreaves	Nashua NH	94	74	F	41: 1-99	56:27.8	18:13/M
77	John Hargreaves	Nashua NH	95	74	M	36: 1-99	56:27.8	18:13/M
78	Ed Watts	Nashua NH	34	69	M	37: 1-99	59:32.2	19:12/M
79	Ben Kaas	Nashua NH	41	36	M	38: 1-99	59:33.0	19:13/M